

## Newsletter, February 2018

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### CCF Faculty Affiliate Publishes Study on Children's Emotional Eating

[Dr. Shayla Holub](#), associate professor in the School of Behavioral and Brain Sciences and CCF faculty affiliate, recently published a study in the journal *Appetite* investigating young children's eating responses to happy and sad emotions. The study, co-authored with Dr. Cin Cin Tan from the University of Michigan, showed that young children eat in response to happy and sad emotions, but ate more of the less healthy option for sadness. These tendencies increased with age, suggesting a learned social behavior. [Read more...](#)



### Grant Received for Play With Me (Juega Conmigo) Program Expansion

CCF is pleased to report receipt of a \$50,000 grant from the Community Impact Fund of [The Dallas Foundation](#) in January. Funding from the grant will go toward the expansion of our [Play With Me \(Juega Conmigo\) playful-learning program](#), which currently offers 8 weekly class series across 5 Dallas area locations.

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### 2018 Spring Lecture Series: "Building Bridges from Adversity to Resilience"

Sponsored by:



of Metropolitan Dallas



## "Developmental Science and the Equitable Early Education of Bilingual Children"

**When:** March 23, 2018 9:30 - 10:30 AM

**Where:** Davidson Auditorium, ([JSOM 1.118](#)) UT Dallas

**Who:** [Dina Castro, PhD](#), University of North Texas

This lecture has been approved for 1.0 hours of Continuing Education by Texas' Early Childhood Intervention and by the Texas Chapter of the National Association of Social Workers for social workers, LPCs, and LMFTs.

*This event is free and open to the public. See here for a [parking pass](#) and [parking map](#) for this event. No registration required.*

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## Save the Date for our 4th Annual Family Celebration!

The Center for Children and Families hosts an annual celebration for participants of our Play With Me (Juega Conmigo) program and their families at the [Latino Cultural Center](#) in Dallas. Save the date for our celebration on **Saturday, May 26th!**



If your agency is interested in having a table at this event as a resource for families, [please contact us!](#)

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## From the Director

Plans are coming together for our 4th annual family celebration. We're grateful for our Advisory Council's input and advice in planning the celebration, to the Latino Cultural Center for providing space annually to hold it, to our anticipated sponsors for their help in feeding 300 anticipated participants, to our volunteers, and to CCF's faculty and partnering agencies for providing their knowledge and resources for our families. The event has grown every year with recent past program participants and their families joining in the fun. Do let us know if you are interested in being with us that day!



- Margaret T. Owen, PhD, Robinson Family Professor, Director, Center for Children and Families

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STAY CONNECTED:

